

Dear Team Parents!

Just a reminder that our Team Camp will be held from 9-2 on Aug 16th- Aug 19th (Mon-Thur) and Sat Aug 21st. There will be no afternoon workouts during the time of the team camp. If you have an emergency and cannot participate in the team camp please let us know. For kids that have been attending team practice all summer Team camp fee is \$ 195, for kids that have not been practicing during summer team camp fee is \$ 285

During team camp girls will practice routines for the upcoming meets and we will have a practice meet to determine if new team members are ready to compete in the fall.

Fall Meet Schedule:

Sep 18 or 19 Fall Classic, Novato Gymnastics

Oct 3 Harvest Moon, Head Over Heels in Emeryville

Oct 23 Spooktacular, Ronhert Park Gymnastics

Oct 30 Great Pumpkin, Santa Rosa Gymnastics

LEVEL 4 State meet will be held on Dec 4 or 5 at Tequique Gymnastics in Rancho Cordova. Gymnasts that score 34.5 at any of the meets above will participate in the State Meet

LEVEL 5/6 Zone meet will be held on November 6 or 7 the host is unknown. Gymnasts that score 31.00 at any of the meets above will participate in the Zone Meet.

LEVEL 5 STATE MEET will be held Nov 20 or 21 in Union City. Gymnasts qualify to State meet from the zone meet and need to score 34.00 to qualify.

LEVEL 6 STATE MEET will be held Nov 13 or 14 in Redwood City. Gymnasts qualify to State meet from the zone meet and need to score 34.00 to qualify

USAG and Norcal fees are \$75, Meet fees \$420 (not including Zone/State meets). Total \$495

Please make sure to make your payment at the latest by the last day of Team Camp Aug 21st.